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The invention refers to medicine, namely to obstetrics.

Summary of the invention consists in that 10 days before the supposed delivery term it is administered *splat* for 1 g 3 times a day *per os* during 30 days and additionally, in 24 hours after delivery during 7...10 days, the vaginal mucosa, pretreated with antiseptics, is irradiated with polarized light with the wave length of 400...2000 nm during 10 min 2 times a day.